

TEL: 808.843.8886 1620 N. School St. #C-2 Honolulu, Hawaii 96817 www.teishokuhawaii.com

#### **PUPUS**

Agedashi Tofu (4pcs) 揚げ出し豆腐
Cold Tofu (3pc) 冷奴
Pork Gyoza (5pc) 餃子 \$6.95 Japanese Potstickers w/ pork, chives, egg and grated ginger
Vegetable Tempura 野菜の天ぷら
Shrimp & Vegetable Tempura 海老と野菜の天ぷら \$12.95 Shrimp tempura, Pumpkin, carrot, green beans and sweet potato (2pcs/each)
Shrimp Tempura (6pcs) 海老の天ぷら
Edamame 枝豆 \$3.95 Lightly salted boiled soybeans
Tako Wasabi (3oz) たこわさび\$4.50

Ahi Poke Limu マグロポケ	oil,
Salmon Poke Limu サーモンポケ Scottish Salmon, Teishoku's poke sauce, sesame oil, sea salt flakes, kukui nut, limu, green and sweet white onion	
Fry Oyster (5pcs) カキフライ Breaded and Fried Oyster served with tonkatsu sauce	\$9.25
Baby Tako (9pcs) イイダコ Fried Baby Octopus served with mayonnaise	\$8.95
lka Geso Karaage (5pcs) イカゲソの唐揚げ Fried Calamari Tentacles	\$8.45
Hanpen Cheese チーズはんぺん Breaded and Fried fishcake stuffed with cheese and shiso.	\$5.95
<b>Vegetable Croquette</b> (2pcs) 野菜コロッケ Breaded and Fried patty vegetable(Sweet Corn, Carrot and to) served with tonkatsu sauce.	



# Teishoku 定食

Raw Octopus flavored with wasabi and Shiso

Served with salad(sesame dressing), appetizers, rice (sush rice mixed w/sushi vinegar, white or brown rice) and miso soup. サラダ、前菜、ご飯(お寿司、白米 又は 玄米)、お味噌汁付き

Broiled Butterfish Misoyaki (5oz) 銀だらの味噌焼 \$14.15 Broiled Butterfish marinated with Teishoku's Misoyaki Sauce
Chicken Katsu チキンカツ
Rib Eye Steak (choice of Butter or A1 sauce) \$20.45 リブアイステーキ(バターまたはA1ソースの選択) Grilled USDA Choice Boneless Ribeye Steak (10oz.)
Chicken Karaage (9pcs) 鳥の唐揚げ
Tonkatsu 豚カツ
Broiled Saba (Mackerel) サバの塩焼き
Broiled Salmon (Shio or Misoyaki) サケの塩焼き又は 味噌焼き\$13.75 Broiled Scottish Salmon with Salt or Misoyaki

Shrimp and Vegetable Tempura 海老と野菜の天ぷら…… \$15.50 Shrimp tempura, Pumpkin, arrot, green beans and sweet potato (3pcs each)

Vegetable Tempura 野菜の天ぷら
Shrimp Tempura (6pcs) 海老の天ぷら
Teriyaki Beef 照焼ビーフ
Teriyaki Chicken 照焼チキン
Kalbi (3 slices) カルビ
Unagi Kabayaki うなぎの蒲焼
Fried Oyster (8pcs) カキフライ
Breaded and Fried Oyster Served with Tonkatsu Sauce
Ika Geso Karaage (8pcs) イカゲソの唐揚げ \$12.95
Fried Calamari Tentacles Served w/Mayo on the side

<sup>\*</sup>Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of food borne illness.

Ingredients may changed due to seasonal availability.

# **Combination Meals**

コンビネーション Starting At ...... \$16.95

#### **Additional Costs May Apply**

Served with salad(sesame dressing), appetizers, rice (sush rice mixed w/sushi vinegar, white or brown rice) and miso soup. **2 choices** (cannot combine two of the same items)

2つの選択肢(同じ項目の2つを組み合わせることはできません)

#### 1. Sashimi (Choose A or B or C)

A: Hawaiian Bigeye Tuna 3 pcs, Scottish Salmon 2 pcs \$2.50 additional

A: マグロ3pc、サーモン2pc; \$2.50追加

B: Hawaiian Bigeye Tuna 5pcs \$4.25 additional

B: マグロ 5pc; \$4.25追加

C: Hamachi Sashimi 5pcs \$2.60 additional

C: ハマチ 5pc; \$2.60追加

2. Shrimp & Vegetable Tempura (\$1.75 additional) 海老と野菜の 天ぷら(\$1.75追加) Shrimp Tempura, Pumpkin, Carrot, Green Beans and Sweet pota-

Shrimp Tempura, Pumpkin, Carrot, Green Beans and Sweet potato(2pcs each)

3. Vegetable Tempura 野菜の天ぷら

Pumpkin, Carrot, Green Beans and Sweet Potato(2pcs each)

- 4. Tonkatsu (Pork Cutlet)(\$1.00 additional) 豚为ツ(\$1.00追加)
  Breaded and Deep-fried Pork Sirloin Tenderized served with Tonkatsu
  Sauce
- 5. Chicken Teriyaki 照焼チキン Grilled Chicken with Teriyaki Sauce and Sesame Seeds
- 6. Salmon Poke Limu サーモンポケ Scottish Salmon, Teishoku's Poke Sauce, Sesame oil, Sea Salt, Chili Flakes, Kukui nut, Limu, Green and Sweet White Onion
- 7. Kalbi 2 slices (\$1.50 additional) カルビ(\$1.50追加) Grilled Sliced Marinated Short Ribs
- 8. Broiled Salmon *(Shio or Misoyaki)* サケの塩焼き又は 味噌焼き

Broiled Scottish Salmon with Salt or Misoyaki

- 9. Broiled Saba (1pc) Mackerel サバの塩焼き Broiled Mackerel with Salted and Pepper Served with Grated Daikon
- 10. Unagi Kabayaki (\$1.50 additional) うなぎの蒲焼(\$1.50追加) Broiled Fresh Water Eel with Sweet Kabayaki Sauce
- 11. Butterfish Misoyaki (\$2.45 additional) 銀だらの味噌焼(\$2.45追加) Broiled Butterfish marinated with Teishoku's Miso Sauce
- 12. Chicken Katsu チキンカツ Breaded and Deep-fried Chicken Cutlet Served with Tonkatsu Sauce
- **13. Fried Oyster** (5pcs) カキフライ Fried Oyster served with tonkatsu sauce



14. Chicken Karaage (6pcs) 鳥の唐揚げ Marinated Boneless and Skinless Chicken Thighs Cut Into Bite-Size Pieces Mix with flour And Fried

15. Beef Teriyaki 照焼ビーフ
Sliced Rib Eye Steak Served with Teriyaki Sauce and Sesame
Seeds

16. Spicy Ahi スパイシーマグロ Sashimi Grade Tuna with Teishoku's Spicy Mayo and Garnished with Masago, Green and White Onion

17. Ahi Poke Limu マグロポケ Fresh Sashimi Greade Bigeye Tuna, Teishoku's Poke Sauce, Sesame Oil, Sea Salt, Chili Flakes, Kukui Nut, Limu, Green and Sweet White Onion

18. Udon うどん Served with Wakame, Green Onion and Kamaboko

- **19. Fried Baby Tako** (8pcs) イイダコの唐揚げ Fried Baby Octopus Served with Mayonnaise
- 20. California Roll (4pcs) カリフォルニアロール Crab Meat, Cucumber and Avocado
- 21. Shrimp Katsu (5pcs) 海老为ツ 5 pieces Breaded and Deep Fried Shrimps
- 22. lka Geso Karaage (5pcs) イカゲソの唐揚げ Fried Calamari Tentacles Served w/ Mayonnaise
- 23. Hanpen Cheese チーズはんべん Breaded and Fried fishcake stuffed with cheese and shiso.
- 24. Vegetable Croquette(2pcs) 野菜コロッケ Breaded and Fried patty vegetable(Sweet Corn, Carrot and Potato) served with tonkatsu sauce.
- 25. Shrimp Tempura (5pcs)(\$2.25 additional) 海老の天ぷら (\$2.25追加) 5 pieces of shrimp lightly battered and deep fried
- 26. Natto 納豆(3.1oz) Fermented Bean







11:一に たどり 丰田		
Nigiri にぎり寿司	3pcs	
per	order	per order
Maguro (Tuna) マグロ	\$6.95	\$13.45
Hamachi (Yellow Tail) ハマチ	\$6.95	\$13.75
Sake (Salmon) サーモン	\$6.75	\$13.25
Unagi (Fresh Water Eel) うなぎ	\$6.95	\$13.75
Tamago (Egg) 玉子	\$5.95	\$10.95
Ebi (Shrimp) 海老	\$4.95	\$9.45
Tobiko (Flying Fish Roe) トビコ	\$5.75	\$9.95
Spicy Ahi (Tuna w/ Spicy Sauce) スパイシーマグロ	\$6.75	\$13.25
Natto (Fermented Bean) 納豆	\$5.75	\$9.95
Ahi poke Limu マグロポケ Teishoku's poke sauce, sesame seed oil, sea salt, chili Flakes, kukui nut, limu, green and sweet white onion	\$6.25	\$11.95
lkura (Salmon Roe) イクラ	\$7.25	\$13.95

# Rolled Sushi 巻き寿司

California Roll カリフォルニアロール
Spicy California Roll スパイシーカリフォルニアロール \$7.80 Crab meat, avocado, cucumber w/spicy sauce
California Crunch Roll カリフォルニアクランチロール \$8.25 California roll out side flake
Tempura Roll 天ぷら\$10.25 Shrimp tempura, masago (smelt roe), cucumber, avocado
Spicy Ahi Roll スパイシーマグロ・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・
Spicy Salmon Roll スパイシーサーモン
Hamachi Avocado Roll ハマチアボカド \$9.50 Hamachi and avocado
Salmon Avocado Roll サーモンアボカド・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・
Spicy Ocean スパイシーオーシャン

Miso

Ramen & Udon ラーメンとうどん		(\$.50 additional with butter oil) 味噌 (\$.50バター追加)	Paitan 白湯
Char Siu Ramen 焼豚ラーメン Served with Japanese Char Siu, Choi Sum, Kamaboko, Menma and Green Onion.	\$10.95	\$10.95	\$11.25
Vegetable Ramen 野菜ラーメン Served with wakame, Choi Sum, Sweet Corn, Menma and Green Onion.	\$10.75	\$10.75	\$10.95
Chicken Katsu Ramen 鶏カツラーメン One piece breaded and deep-fried chicken cutlet on the side served with Tonkatsu sauce, Ramen served with Choi Sum, Kamaboko, Menma and Green Onion.	\$12.50	\$12.50	\$12.75
Shrimp and Vegetable Tempura Udon (Soup Base:Tsuyu) 海老と野菜の天ぷらうと Udon(Wakame, Green Onion and Kamaboko) served with Shrimp tempura, Pumpkin, carrobeans and sweet potato (2pcs/each) on the side.			\$15.75
<b>Vegetable Tempura Udon</b> (Soup Base:Tsuyu) 野菜の天ぷらうどん			\$14.45

# Donburi 并物

Fresh sashimi grade spicy ahi over rice (sush rice mixed w/sushi vinegar, white or brown rice) and miso soup. スパイシーマグロ、ご飯(お寿司、白米 又は 玄米)、お味噌汁付き

Spicy Ahi Don スパイシーマグロ丼	\$12.95
Sashimi Grade Hawaiian Bigeye Tuna with Teishoku's Spicy M	
Garnished with Masago, Green and White Onions over Rice	

Spicy Ahi & Salmon Sashimi Don...... \$14.75 スパイシーマグロ・サーモン刺身丼

Sashimi Grade Tuna with Teishoku's Spicy Mayo Garnished with Masago, Green, White Onions and Scottish Salmon Sashimi over Rice

Spicy Ahi & Tobiko Don スパイシーマグロ・トビコ丼 ........ \$13.75 Sashimi Grade Tuna with Teishoku's spicy Mayo garnished with Masago, Green and White Onion and Canplia Roe over Rice

Salmon Sashimi & Ikura Don サーモン・イクラ丼 ......... \$13.25 *Scottish Salmon Sashimi 3pcs and Salmon Roe over Rice* 



# Sashimi お刺身

onion, masago and Teishoku's ponze sauce

Jasiiiii 40 Mizi
Ahi Sashimi (6pcs) マグロ
Salmon Sashimi (6pcs) サーモン
Hamachi Sashimi (6pcs) ハマチ
Combo Sashimi \$17.25 刺身盛り合わせ (マグロ、サーモン、ハマチ 各3pcs) 3 assorted sashimi of Hawaiian bigeye Tuna, Scottish Salmon and Japanese Hamachi (3pcs. each)
Hamachi Carpaccio (7pcs)ハマチカルパッチョ
Sweet Onion with Salmon サーモンオニオン



Ahi poke Limu Don マグロポケ丼
Ahi poke Limu & Natto Don マグロポケ 納豆丼 \$13.25 Sashimi Grade Hawaiian Bigeye Tuna Poke Limu W/Chili Flakes Garnished w/white and Green Onion and Fermented Bean Over Rice
Ahi poke Limu & Salmon Sashimi Don \$15.45 マグロポケ・サーモン刺身丼 Sashimi Grade Bigeye Tuna Poke Limu W/Chili Flakes Garnished w/white and Green Onion and Scottish Salmon Sashimi over Rice
Chirashi Don ちらし丼



# Curry カレー

and salmon roe over rice

Mild Curry serve w/ potato, Carrots and Red Ginger

, ,
Chicken Katsu Curry Rice or Udon
Tonkatsu Curry Rice or Udon\$12.50 豚カツカレー ライス 又は うどん
Shrimp Katsu Curry Rice or Udon (6pcs)
<b>Fry Oyster Curry Rice or Udon</b> <i>(6pcs)</i>
Chicken Karaage Curry Rice or Udon (8pcs) \$11.75

鳥の唐揚げ一ライス又はうどん

**Vegetable Croquette Curry Rice or Udon** (3pcs) \$10.25 野菜コロッケーライス 又は うどん

Shrimp Tempura Curry Rice or Udon (6pcs)....... \$14.50 海老の天ぷらうどん(6pcs)

#### Ramen Combo

ラーメンコンボ

Choose one of ramen soup base Shoyu, Miso(\$.50 additional with butter oil) or Paitan (\$.25 additional). It comes with salad. ラーメンスープを1つお選びください。 {醤油、味噌(\$0.50バター追加)、白湯(\$0.25追加)}サラダ付き

SET

\$14.95

Char Siu Ramen (mini) ミニラーメン Served with Japanese Char Siu, Kamaboko, Menma and Green Onion

Roll Sushi (8pcs) 巻き寿司 (cucumberキュウリ8pcs) cucumber maki

Chicken Karaage (3pcs) 鳥の唐揚げ (3pcs) Marinated Boneless and Skinless Chicken Thighs Cut Into Bite-Size Pieces Mix with flour And Deep Fried

SET

Char Siu Ramen (mini) ミニラーメン

Served with Japanese Char Siu, Kamaboko, Menma and Green Onion

B

Mini Kalbi Don (Islice) カルビ

Grilled Sliced Marinated Short Ribs

\$15.95

Chicken Karaage (3pcs) 鳥の唐揚げ (3pcs)

Marinated Boneless and Skinless Chicken Thighs Cut Into Bite-Size Pieces Mix with flour And Deep Fried

SET

Char Siu Ramen (mini) ミニラーメン Served with Japanese Char Siu, Kamaboko, Menma

and Green Onion

Mini Teriyaki Chicken Don 照焼チキン丼

Grilled Chicken with teriyaki sauce and sesame seed

\$15.25

Chicken Karaage (3pcs) 鳥の唐揚げ (3pcs) Marinated Boneless and Skinless Chicken Thighs Cut Into Bite-Size Pieces Mix with flour And Deep Fried

Char Siu Ramen (mini) ミニラーメン

Served with Japanese Char Siu, Kamaboko, Menma and Green Onion

SET \$15.95

Mini Beef Teriyaki Don 照焼ビーフ丼

Grilled Beef with teriyaki sauce, sesame seed

\$9.25

and red ginger. Chicken Karaage (3pcs) 鳥の唐揚げ (3pcs)

Marinated Boneless and Skinless Chicken Thighs Cut Into Bite-Size Pieces Mix with flour And Deep Fried

Kid's Meal

Dine in only. No substitutions please. (age 12 and under) Mini Shoyu Ramen (plain)

Chicken Teriyaki

Edamane (mini)

Rice

## Side Order サイドメニュー

Miso soup 味噌汁	\$1.95
Green salad 生野菜サラダ	\$4.45
White Rice 白米	\$2.00



## Drinks 飲み物

**Soda** ソーダ *Free refill soda for dining in customers only....* \$2.50 お食事のお客様のみ無料

Coke, Diet Coke, Sprite, Fruit Punch, Gold Peak Green Tea,

Ginger Ale

ラムネソーダオリジナル

コーラ、ダイエットコーラ、スプライト、フルーツポンチゴールドピー クの緑茶、ジンジャーエール

Non Alcoholic Mojito \$3.95 ノンアルコールモヒート Ramune Soda Original \$3.95

Calpico ------ \$2.75 カルピス



## Dessert デザ

<b>Green Tea Cheesecake</b>	\$3.25
Green Tea Ice Cream ホ茶アイス	\$3.75
Chocolate Ice Creamチョコレートアイス	\$3.75